

THE GIFT OF LIFE COACHING

What do People Use Life Coaching For?

- To Discover What They Want
- To Gain Clarity on Life Direction
- To Explore Their Passions and Happiness
- To Develop Self Awareness / Self Discovery
- To Manage Stress and Overwhelm
- To Action Their Life Goals & Accountability
- To Design The Life They Want to Live
- To Lead Their Life Where They Want to Go
- For Support and a Safe Place to Process Life
- For Mental, Emotional, and Physical Health
- For Personal and Professional Growth

Life coaching is most effective when someone engages with a life coach over a period of a minimum of 3 months and 6 sessions.

Life Coaching Christmas Special Packages are Available for:

6 Sessions for \$797 (Regular \$900)

10 Sessions for \$1300 (Regular \$1500)

Offer Expires December 26, 2021

*Living the Life You Want is a
Great Gift of Joy!*

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